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# Krabi Wellness Trips

#### 3 Days 2 Nights

#### What is wellness?

Wellness is holistic health care. Both physically and mentally the focus is on prevention before disease occurs and lifestyle adjustments are made with modern medical technology to take care of health together. To lead to the results of holistic health Including leading to a good life.

We recognize the importance of wellness. Therefore, we have organized a wellness tourism program to allow you to relax both physically and mentally. And choose to soak in the salty hot springs, which is an important and famous place in Krabi.



Day 1 Krabi International Airport - 4 Islands Thale Waek - Phra Nang Cave Beach - Chicken Island - Poda Island (Joy Tour) - Transfer to Hotel

(-/noon/)

xx.xx. Pick up at Krabi International Airport by VIP van into Krabi town.





Depart to Pudam pier To get on LUXURY LONGTAIL BOAT









Sightseeing and visit Railay Beach Walk to Pha Nang Cave. Discover the beauty of Tub Island, Chicken Island & Mo Island





Take a picture at Chicken Island, see colorful corals clownfish and variety of fish





 $Sightseeing\ Thale\ Waek\ Unseen\ in\ Thailand$ 





12.00 P.M. Have a picnic Lunch (Meal 1) on the Poda Island After that relax at the beach and enjoy swimming in the clear water



14.00 P.M. Depart for Pu Dam Pier

15.00 P.M. Transfer to Check-in at Hotel (Dinner by yourself)

**Saline Hotspring Resort** The resort offers a salted hot spring bath for relaxation. There are hot springs in your private room and public hot springs, and hot springs can also cure many diseases.



xx.xx Breakfast at Hotel (Meal 2)

Soaking in the hot springs helps treat aches and pains and illnesses including chronic skin diseases, diabetes, and irregular periods. and many others them as well. In addition, soaking in hot springs has a beneficial effect on beauty for people of all ages. Both children and adults And there are also people who count hot spring baths as part of their skin care regime. (Thai massage prices are not included in the program.)



#### Day 3 Emerald Pool-Hot Waterfall-Transfer to airport

(morning/-/-)

08.00 a.m. Breakfast at Hotel (Meal 3)

09.00 a.m. Depart to Emerald pool The Emerald Pool in Krabi is a true natural wonder and therefore one of the best excursions from Krabi.



11.00 a.m Enjoy Lunch at Emerald restaurant (Meal 4)

After playing in the cold water, we continued to play in the hot waterfall. The Hot









xx.xx Transfer to airport with an impression.

\*\*\*\*\*\* End The Program-----

#### Service rate from 1 November-31 December 2024

Room type	2 persons	4 persons	6 persons	8 persons	Extend stay added
Triple beds Room	10,400	-	-	-	1,800
Deluxe Onsen Room	10,300	7,000	5,990	5,600	2,000
Japan Onsen Room	11,400	6,600	-	-	3,000
Family Onsen Room		7,100	-	-	4,000
Villa Onsen	-	-	6,100	5,555	6,000

#### The package price included:

- ✓ -2 ways airport transfer
- ✓ -Tour of 4 islands in the Thale Waek LUXURY LONGTAIL BOAT
- ✓ -2 Nights stay at the hotel (2-3 person/room)
- ✓ -4 meals provided as listed.
- ✓ -Expert tour guides on the boat.
- ✓ -Accidents insurance
- ✓ Life jacket, Snorkel

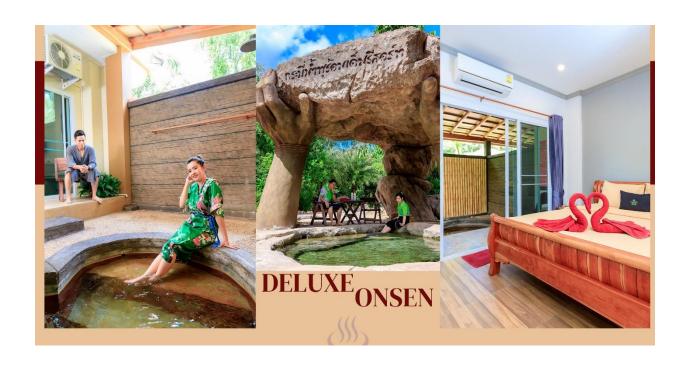
## The package price excluded:

- **x** -Other personal expenses
- ➤ -National Park Fee for Foreigners 600 THB
- \* -Round- trip air tickets
- ➤ -Value added tax 7% and withholding tax 3%

#### Triple beds Room (Standard room for 3 people)



# Deluxe Onsen Room (Room for 2 people with private saltwater hot spring bath)



## Japan Onsen Room (Room for 3 people with a private Japanese-style salty hot spring bath.)



Family Onsen Room (room for 4 people, 2 bedrooms, 1 living room, and a private salty hot spring bath.)



Villa Onsen (room for 6 people, 3 bedrooms, 1 kitchen, and private salty hot spring bath.)



# Option Tour

### Amataya Wellness

Because good health is what everyone desires. Amataya Wellness, a kingdom of health healing and rehabilitation, comes with comprehensive health care services



บริการนวดน้ำมัน สปา ทรีกเน้นก์ และการอบสนุนไพร ช่วยให้การโหลเวียนของเลือดในร่างกายดีขึ้น พื้นฟูระบบการทำงานของร่างกาย และพื้นฟู สุขภาพผิวให้สดใส

Program	Period Min	Price THB
Anti-Stress Massage	60	700
นวดผ่อนคลาย	90	1,000
	120	1,200
Anti-Stress Massage + Plai Herbal Oil	60	900
นวดผ่อนคลาย + น้ำมันไพล	90	1,200
	120	1,500
Essential Oil Massage (Coconut Oil, Aromatherapy Oil)	60	1,400
นวดน้ำมันหอมระเหย (น้ำมันมะพร้าว, น้ำมันอโรม่า)	90	1,900
	120	2,400
Foot Massage	30	500
นวดเท้า	60	800
	90	1,100
Shoulder and Neck Massage นวด คอ บ่า ไหล่	30	550
Herbal Cold Poultice พอกยาเย็น	30	700
Relaxing Head Massage นวดศีรษะผ่อนคลาย	60	1,900
Moxibustion รมยา สุมยา	30	900
Herbal Compress ประคบสมุนไพร	60	900
Herbal Steam อบสมุนไพร	30	1,400



